

# 1 Introduction to BioGenesis

## What is BioGenesis?

BioGenesis is a technology that is millions of years old, but has not been on Earth since the days of Atlantis. Re-introduced to Earth in 1999 by an ascended master, BioGenesis is to make life better.

BioGenesis involves a spiritual energy that is instilled into glass tools. Those glass tools then radiate that energy to their environments. Each tool uses the same energy, but the design of the tools determines how that energy is to be used. The BioGenesis Tools restore harmony to the body, the emotions and mind, as well as to one's home, workplace, and life.

## **History: How the Demaray Family (Colorado, USA) Was Introduced to the Idea that Cindy Demaray would be Instrumental in Bringing Forth A Great Light**

In the early 1970s, Hanna Kroeger—one of the six holistic pioneers of the twentieth century, as listed by *New Life* magazine, and founder of the first health food store west of the Mississippi River—decided to start a small chapel. She asked Linda Demaray, her best friend, if Linda's family would like to join. At one of the first meetings at this little chapel, where only the Kroeger and Demaray families were present, a tall man walked in the chapel; he wore a long, white robe and a tall, high priest's hat. He proceeded to go to each person present and tell them the gift of the Holy Spirit that they had for this embodiment. When he came to Cindy Demaray (Linda's daughter), he told her that she would bring Light to the world.

After addressing each person, he walked outside, and the two families followed. Standing in an empty field, this tall man addressed Linda Demaray: "Your daughter has great vision," he said. "Believe her when she tells you she sees things. She is to bring Great Light to the world." Linda turned to look at Hanna Kroeger, who was standing to her left, and Hanna exclaimed, "Believe him! Believe what he tells you! He's a holy man! He's a holy man! Believe him. Believe what he says." Linda then turned to ask the tall man a question, but he had disappeared. Linda asked Hanna if she had seen where he went, but she had not. Asking the others present if they had seen where this man had gone, Linda discovered nobody had seen him leave. Standing in a large, open field, he had simply disappeared in a split second; and yet, each one present had seen him, had heard him, and had physically touched him.

Nearly 25 years later, Cindy Demaray was visited by another tall man who appeared tangibly for her to see. This man explained that he was an Ascended Master named Lantos, and that he was here to provide assistance. One-and-a-half years later, this Ascended Master provided Cindy with instructions on how to bring forth the technology of BioGenesis, which since then has helped so many people in the United

States and around the world.

## **Cindy Demaray's First Meeting with Ascended Master Lantos**

*Master Lantos*

*18 November 1997*

***What is Your Name?***

**Cindy:** “What is your name?”

**Lantos:** “I am who you know as an Ascended Master. I have gone by many names over the Ages. However, the time which allowed for our togetherness was last in the Mediterranean—I was known as Keslar.

“Before that, I worked with many of the high order of priestesses and priests in Atlantis. We worked to bring Peace to those who wished for good. We offered Light when many were surrounded by the dark. There I was known as Andal Lantos. In the Assemblies, I am given the name Lantos. I am many things to many people. I am here now to offer my assistance and blessings to all who will seek it.

“This is a time where many of our Assembly are ready to give help as Earth enters her new phase. It will be a great transformation.”

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## **What Ascended Master Lantos Said About BioGenesis**

*Master Lantos*

*March, 1999*

***What is BioGenesis?***

Cindy: “What is BioGenesis?”

Lantos: “BioGenesis is the Birth of Creation. We instill the remembrance of the Process of Creation into a substance and that substance radiates, or re-educates, its environment. All knowledge is contained in its seed form in the process of eight transformations associated with Creation. Let us embrace this precious technology handed down from Atlantean days. Let us transform our homes and our lives into Beacons for the Light of Peace and Generation. This is a timely endeavor. This technology must be applied in the homes. Together, many individual lights create a city. We are structuring a City of Light—the Light of Creation, the Light of Genesis.”

Lantos:“The Birth of Creation is the process of assembling substance and form capable of vibrating in the mode of resonance generated by the Body of Genesis. As with all things in Creation, energy gathers form around it—intention clothes itself with a substance identical in structure, but of a denser quality. Let us review these shapes which will serve as the vital limbs and organs of the Body of Genesis.”

Lantos:“BioGenesis creates harmony. I will say this again: BioGenesis creates harmony. It is important to realize that harmony is structured quite simply, quite effectively, by strengthening the inherent qualities of a region. And this is accomplished by enlivening the sequence of Initial Rotations. This is BioGenesis.”

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Lantos:“The physical effects belonging to the category of expected results are numerous. Any disease born of irregularity is a disease born of loss of memory and is thus reversible through the BioGenesis products. Degenerative diseases, or disorders born of stress, are the results of the corruption of biological harmony. BioGenesis structures wholeness. The BioGenesis products restore harmony.

“Spiritually, the effects are unlimited. If we say this to the people, they will not believe us. But, we can be sure that the influence of the Initialization of even one Genesis Device has been carried through and beyond this Universe.”

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*Master Lantos*

*2 August 1999*

***Regarding Negativity***

Cindy: ‘Once the BioGenesis tools are in an individual’s home, is it possible for the Tools to then hold a negative energy in any way or form?’

Lantos:“The Tools of BioGenesis cannot hold an impression—negative or positive. The Tools of BioGenesis are living expressions of the Sequence of Initial Rotations in creation. The Sequence of Creation does indeed reflect a value of time, but on a scale much grander than human awareness can comprehend. The memory pattern of events which occur in this generation, or many generations to come, shall have no impact on the functional capacity of the BioGenesis materials.”

Cindy: ‘So, there’s no negativity that can be stored in them?’

Lantos:“BioGenesis is ever renewing. BioGenesis is ever refreshing. BioGenesis is ever restoring. No cleansing is necessary with these Tools.”

[Cindy asked another question about negativity.]

Lantos: “Now is the time to rid the halls of darkness. Let the darkness find swift passage. As the months progress, the timely importance of this great disbursement of Light through BioGenesis shall become apparent. It is a great opportunity and a great responsibility. Let us see that the Light of BioGenesis spreads rapidly, illumining the darkened regions of this Earth.”

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*Master Lantos*

*10 August 1999*

***Negative Thought Forms Around Pyramid***

[Cindy asked Lantos if he could explain why negative thought forms were found around a BioGenesis Pyramid.]

Lantos: “The relationship of the pyramid with a negative thought form is that of the father with the prodigal son. The son returns, wishing to be restored to the proper dignity of the Light. The father invites the prodigal son to remain close until the transformation is complete.

“As we described, the BioGenesis Pyramid is the best teacher. It educates the environment—it restores harmony. BioGenesis Pyramids train objects with breath, as well as those without breath. The changes are brought about more swiftly than you would expect. The negativities do not leave as negative thought forms—a great transformation occurs; Light is restored. Do not be alarmed by the numbers a great teacher may educate; a great teacher may communicate effectively to hundreds at once. Place the pyramid high for all to see.”

Cindy: “Does BioGenesis absorb the negative thought form?”

Lantos: “No, the great teacher never embraces the ignorance of the student—the light shines, and the darkness is removed.”

Cindy: “Does it, in any way, have an adverse effect on people in the room?”

Lantos: “No, like moths to the flame, the attention of negative thought forms is fixed upon the BioGenesis Pyramid.”

## 2 BioGenesis Tools

TOOL	INSTRUCTIONS & EFFECTS (the effects listed here are based on experiences that have been reported to us by people using BioGenesis products)
<p><b>BioGenesis Pyramid (multi-colored)</b></p> 	<p><b>Instructions:</b> Place this pyramid at the highest point in a room, such as on a bookshelf or mantle; if one pyramid is to be used for a large area, place one or two BioAmplifiers (small or large) on the sides of the pyramid, with the slanted side facing outward.</p> <p><b>Effects:</b> The pyramid has been successful in restoring harmony to an environment. Whether the home or office, BioGenesis Pyramids restore harmony. Sometimes a short period of increased negativity may be experienced, as the pyramid “rids the halls of darkness.”</p>
<p><b>8-Sided Pyramid</b></p> 	<p><b>Instructions:</b> Like the BioGenesis Pyramid, the 8-Sided Pyramid may be placed in any room. Ideally, place it high up in a room, practically speaking (e.g., on top of a refrigerator, on a bookshelf, on a window sill, etc.).</p> <p><b>Effects:</b> The 8-Sided Pyramid establishes a connection with Celestial realms of Light, Beings of Light, Angelic Messengers. The 8-sided Pyramid will bring more energy, greater happiness, success and fulfillment.</p>
<p><b>BioTranslator</b></p> 	<p><b>Instructions:</b> Use the BioTranslator whenever you want to send a desire out to the Forces of Creation responsible for acting upon them. Also, use the BioTranslator before giving a session with BioGenesis products. Approach the BioTranslator (you may have it positioned on a table, desk, etc., or you may hold it) and use any form of sending desire with which you feel comfortable—prayer, affirmation, visualization, etc.</p> <p>Place the BioTranslator on your written desires. Place the BioAmplifier next to the BioTranslator, on the written desires.</p> <p>If using the BioTranslator to improve vision, while your eyes are closed, hold the BioTranslator over one eye, very close to the eyelid. Keep it there until you start to feel a tingling or vibrancy behind the eye; then, hold the BioTranslator over the</p>

	<p>other eye. Again, hold it there until you feel a tingling or vibrancy at the back of that eye. This should be a brief session, only a few minutes, and should be done while you are resting. Do this treatment no more than twice a day.</p> <p><b>Effects:</b> The BioTranslator calls into action powerful Forces in Creation to come to your assistance with whatever your desires hold, whether for greater health, happiness, safety, security, love, abundance, etc. Be sure to place the BioTranslator and the BioAmplifier on your written desires.</p>
<p><b>BioAmplifier</b></p> 	<p><b>Instructions:</b> Use the BioAmplifier with other tools, such as the Pyramid, the BioTranslator, or the Wings of Genesis, to magnify the effects of those tools. The BioAmplifier fits snugly alongside the BioTranslator, with the slanted side of the BioAmplifier facing away from the BioTranslator. When used with the Pyramid, place the BioAmplifier alongside the Pyramid, with the slanted side facing away from the Pyramid. When used with the Wings of Genesis, place the BioAmplifier outside the container of water, with the slanted side facing inward (this is important at the beginning of usage of the Wings of Genesis).</p> <p>Use the BioAmplifier in a session, as well. Hold the BioAmplifier so that its base is just a few inches above the person's body. Using spiral or circular motions, move the BioAmplifier over the body.</p> <p><b>Effects:</b> The BioAmplifier is effective in magnifying the effects of other tools. The BioAmplifier has been indicated to be effective in helping to remove toxins from the body when used in a session.</p>
<p><b>Flame of Genesis</b></p>	<p><b>Instructions:</b> Hold the Flame firmly in one hand, with the point facing the body; remember, the point is sharp, and should not come into contact with the body. Move the Flame around the body, with the point anywhere between 2 – 18 inches away from the body. (When addressing a stubborn condition, such as a tumor or established arthritis, it is a good idea to position the Flame closer to the body; when addressing a sensitive condition, such as a recent trauma, or a young child, you may find it more comfortable to position the Flame further from the body. Especially when using the Flame on children and animals, be careful that the Flame is far enough away to ensure that the person / animal will not be injured by any sudden movements, as children and animals frequently make. ) Use spiral or circular motions, or any other motion you desire to use, such as a back-and-forth motion.</p>

	<p><b>Effects:</b> The Flame of Genesis helps restore harmony to a number of conditions in the body, including to: physical traumas; body organs; and degenerative conditions / diseases (such as arthritis).</p>
<p><b>Wand of Genesis</b></p> 	<p><b>Instructions:</b> In a session, hold the Wand anywhere from 3 – 36 inches away from the body, using spiral or circular motions, or other movements you desire (such as back-and-forth motions). This part of the session will usually take approximately 5 – 10 minutes (in a 1-hour session). Have the person receiving the session hold the Wand in both hands for a period of time at the very end of the session (e.g., for a few minutes).</p> <p>When using the Wand to remove voids of energy in your home/office/land, remember to keep the Wand hidden from view; it is a good idea to keep the Wand in its cardboard container. Place the Wand in a desk drawer, file cabinet, file, cash register, safe, and any other area you want to ensure has no voids of energy. Remember that wealth moves via energy, and a void acts as a roadblock.</p> <p><b>Effects:</b> When used in a session, the Wand redirects the currents of energy in, through and around the body. It helps ensure that the currents of energy support the healing of the body, as well as a general healthful environment for the physical body. The Wand restores harmony to stress &amp; anxiety, emotional trauma / grief, as well as to some mental disorders, such as mental retardation and borderline personalities disorder.</p> <p>When used in a home/office/land, the Wand ensures that no voids of energy exist. It removes the roadblocks to your success that exist in the form of energy voids.</p>
<p><b>Wings of Genesis</b></p>	<p><b>Instructions:</b> Place the Wings in a container of water (glass or plastic) at night, and remove in the morning; drink the water first thing in the morning. If you desire, you may also drink the water in the evening, before bed. (You may drink the water any time during the day or night, but the effective times</p>

	<p>are morning and evening.) When first starting to drink the Wings of Genesis water, it is a good idea to place the BioAmplifier outside the container of water, with the slanted side facing inward (do this for the first few weeks). Be sure that the person drinking the water is sleeping in the presence of a Pyramid. Repeat this process until the desired results are realized.</p> <p><b>Effects:</b> The Wings of Genesis help restore harmony to the misdirected growth of cells, as well as to addictions. You may notice the water tastes different from untrained water; please note the taste results from the inter-action of the Genesis Energy with the cells of the body, not from any physical change in the water itself. The Wings of Genesis does not alter the water (e.g., it will not purify the water), except for adding the Genesis Energy to the water.</p>
<p><b>Genesis Pendant</b></p> 	<p><b>Instructions:</b> Wear on the body, preferably around the neck. This may be done for as long as desired.</p> <p><b>Effects:</b> The Genesis Pendant sends a signal out to its environment to enjoy the light of BioGenesis.</p>
<p><b>Shield of Genesis</b></p> 	<p><b>Instructions:</b> You may wear the Shield, or you may keep in near you (e.g., in a purse or briefcase). You may also keep the Shield in your car, such as in the glove compartment.</p> <p><b>Effects:</b> The Shield of Genesis helps to provide physical protection to those around it. While it is difficult to claim that anything can provide absolute protection from harm, the Shield of Genesis generates a transparent, bubble-like shield (the Shield of Creation) around the wearer, or around the car (if the Shield is stored in a car).</p> <p><b>NOTE:</b> The Shield of Genesis is not to be worn by children or by the elderly (Lantos described children as those who have not yet taken on the responsibility of driving a car, while the elderly would constitute those who have retired from day-to-day responsibilities of life). For children and the elderly, there is a Small Shield of Genesis which may be worn.</p>
<p><b>BioOscillator</b></p> 	<p><b>Instructions:</b> See page 2 – 7.</p> <p><b>Effects:</b> Supports the removal of toxins, both from the body and from the environment. Helps restore harmony to infection. Strengthens and regenerates the body. The BioOscillator also removes negativity stored up for centuries.</p>
<p><b>BioTrinity</b></p>	<p><b>Instructions:</b> Simply wear the BioTrinity (or carry it in a pocket). At night, place on or near your BioGenesis Pyramid</p>

	<p>or 8-Sided Pyramid.</p> <p><b>Effects:</b> This is a holy symbol, which has been worn and carried by Masters from many traditions, many backgrounds. It enlivens the Three Great Rays: the Ray of Knowledge, the Ray of Love and the Ray of Purity. The BioTrinity also provides unlimited vision, vision unrestricted. (This is a vision of the correct path or direction one should take in life.)</p>
<p><b>Wheel of Hope</b></p> 	<p><b>Instructions:</b> There are many different ways to use the Wheel of Hope. In a BioGenesis session, place the Wheel of Hope on the person’s chest, over the heart, at the beginning of the session (just after setting the intent with the BioTranslator). You may also wear the Wheel of Hope or sleep with it under your pillow. You may also place the Wheel of Hope under the doormat of your home / office.</p> <p><b>Effects:</b> Lantos explained: “It is the very special combination of this Wheel of Hope, at this time, with the Wheel treatments, that will bring on many miracles. We will see many great transformations.” Additionally, Lantos explained the purpose for placing the Wheel of Hope over the person’s heart at the beginning of a BioGenesis session: “In this way, the pure Flames of Hope are present, opening the heart and illumining the mind.... The Wheel of Hope opens the gates for the blessings from the Great Beings. The Flames of the Wheel of Hope purify and prepare the individual to receive the many, many blessings from the divine Beings of Light.” Also, placing the Wheel of Hope under your doormat will help to purify the intentions of those entering your home.</p>
<p><b>Order in Which Tools Are Used</b></p>	<p>As a general guideline, the following order of tools should be followed:</p> <ul style="list-style-type: none"> <li>--Translator (set intent for the session)</li> <li>--Wheel of Hope (place on person’s chest)</li> <li>-- BioOscillator</li> <li>--BioAmplifier (this tool may be used before the BioOscillator, if you so choose)</li> <li>--Flame of Genesis</li> <li>--Wand of Genesis</li> </ul>

# BioOscillator

## *The Great Tool of Transformation*

Uses: To purify, to strengthen, to release the negativity stored up for centuries. The BioOscillator may be used on people, as well as the environment.

Using on People: Point the top of the BioOscillator (the side with the small pyramid in between the wings) at the area to be treated. Instruct the area what it is to do; say to the body, **“Perfection is the natural state. Light is triumphant!”** Speak this with great force. Wave the BioOscillator in circles over the area to be treated. Twist the device quickly back and forth with your fingers; move around the area of treatment, sometimes nearer, sometimes farther, for some time. The top of the BioOscillator may be pointed to the area to be treated, as well as the sides of the BioOscillator. The length of the treatment will vary, depending on the person and condition.

The BioOscillator may be used as its own treatment (that is, by itself), or it may be used with the other BioGenesis Tools in a BioGenesis treatment. If used in with the other BioGenesis Tools, the BioOscillator should be used right before or after the BioAmplifier is used.

Using on Land: Point the top of the BioOscillator at the land or water to be treated and give the command: **“Release the toxins! Let all return to their natural state! Light is triumphant!”** Treating the land may take many months of diligent work. This technique may be used on maps, treating one country at a time, as well as on buildings.

*Master Lantos*

*29 July 1999*

***Introducing the BioOscillator***

Cindy: “Could you describe more about Dad’s device?” (Lantos had mentioned earlier that Cindy’s father, Dr. Bob Demaray, was to build a device that would help to rid the world of many diseases.)

Lantos: “BioOscillator is the great cosmic cleanser. BioOscillator releases toxins, eliminates the pollutants and impurities, and restores the system to its natural state. The system we speak of may be an individual, or BioOscillator may be applied to purify the living environmental system. BioOscillator releases the toxins, which were adhered to a system internally or externally. As BioGenesis is spread throughout the country and around the world, the impact of toxins on living systems will be greatly minimized. We say the words “toxin” and “pollutant” to describe a substance which generates a negative effect when it is introduced to another system. The negative effects are minimized as the BioGenesis materials strengthen the levels of harmony and tolerance within each system.

“Toxins are toxic due to their effects on the environment. Eliminate the effects and you eliminate the toxin. BioOscillator accelerates this process already under way with BioGenesis.”

Cindy: “How does this affect a person’s health?”

Lantos: “Release the toxins and you restore the clean environment conducive to health and growth.”

*Master Lantos*

*19 February 2000*

***BioOscillator is the Great Tool of Transformation***

Cindy [holding the model of the BioOscillator in her hands]

Lantos: “That which you hold in your hands, the world shall come to know as BioOscillator, an instrument to bring forth very great changes, to purify, to strengthen, to release the negativity stored up for centuries. Let us look at this marvel. [Cindy showed the model to Lantos.] It is perfect. Well done, Beloved Bob. [Cindy then took it apart and showed the parts to Lantos.] You see the top of the instrument? Point the top at the area to be treated. Instruct the area what it is to do. You take the tool, point it towards the body and you say, ‘Perfection is the natural state. Light is triumphant!’” [Spoken VERY forcefully.]

Cindy: “So you just point it like this?” [She was just pointing it and holding it still.]

Lantos: “You wave it in circles over the area. [Cindy then pointed it AND waved it.] If you are treating the land, you may say, ‘Release the toxins, let all return to their natural state. Light is triumphant!’ In this way the recipient wakes up and prepares for the treatment. One thinks, ‘Yes—now—you are RIGHT about that. I am ready for perfection.’

“That is why Beloved Bob has positioned a pyramid on top of the device—the great teacher reminds the student at the beginning of class, ‘You are here to learn. You are here to remember.’ (Lantos paused) Truly—all happens in this first moment. The remainder of the treatment is simply to brush away the residual dust. You twist the device quickly with your fingers, back and forth; move around the area of treatment, sometimes nearer, sometimes farther, from the subject—like this for some length of time, whatever is necessary. [Cindy asked, “like for 5 minutes?”] It may be 5 minutes; it may be longer or shorter depending upon the project. For the earth, it may require diligent work over many months. At the beginning of each session with BioOscillator, state the command. (Lantos paused) Well, done, well done, Beloved Bob. BioOscillator shall become known in this world as the Great Tool of Transformation. It is well done.”

*Master Lantos*  
*5 August 2000*  
***Questions & Answers on the BioOscillator***

Cindy: Can the BioOscillator be used while Wheels are on the body?

Lantos: “Yes, it is a very effective method to combine the use of the Wheels with the BioOscillator.”

Cindy: Should the tip of the pyramid always be pointed to the area to be treated, or should the sides also be used?

Lantos: “Yes, Yes! Use the sides! (Cindy then picked up the BioOscillator and pointed the tip of the pyramid at her body and then also pointed the sides toward her body.) Yes, point the sides as well.”

Cindy: Can the oscillating motion be accomplished by using fingers, both hands together (with the stem of the BioOscillator in the palms) or either way?

Lantos: “Either, as is comfortable.”

Cindy: Is there any additional information you would like for us to know about the BioOscillator?

Lantos: “Direct BioOscillator onto the map. One nation at a time. If many are participating, stand around the map. Each direct the command toward the selected country. Say the command together. Then treat the country with the motions of the Tools. Like this. [Lantos was waving his hands.] You see all tools come together on one country. [Here, Lantos was referring to many people using BioOscillators joining together in pointing their BioOscillators toward the map] One [country] at a time. Do your own nation every day. Choose 1 or 2 other nations to purify each day. Like this we will purify the world.”

Cindy: Is there a maximum duration of a treatment, or a maximum number of treatments one can receive in a day?

Lantos: “There is no limit to perfection. Perfection is the natural state.”

Cindy: When treating the land, how far will the effects reach from that point? And should one move all around the land?

Lantos: “When treating an area, select a dominant feature of the land to treat. You may select a large tree in the garden, or the tallest mountain of a range. Treat an area of significance and from that area the Light will spread.

The effects will spread, but many hands are needed. Train everyone in the use of BioOscillator.”

Cindy: When treating a river or lake or ocean, can one stand in one place or should one move all around?

Lantos: “You may stand still or you may move about. [Lantos then paused.] The effects on the ocean will traverse great distances. Effects of your treatments in California will reach the shores of Japan.”

Cindy: When treating the atmosphere does one simply point it in the air?”

Lantos: “You may treat the condition of the air through the treatment of the object and more significantly the people in the environment. Treat the city hall building. Treat the cathedral. Purify the people. Help one another.”

Cindy: Is it O.K. to use pictures?

Lantos: “Yes.”

Cindy: Can BioOscillator help rebuild the ozone layer?

Lantos: “Yes. ”

Cindy: Can BioOscillator help revitalize teeth and aid in regenerating teeth?

Lantos: “BioOscillator will rid the mouth of toxins which break down the functioning of the teeth and gums. You may thereby strengthen the teeth with BioOscillator.”

(Here Cindy started to thank Lantos, however, he continued answering.)

“To regenerate cells, you must treat the whole system. You may place extra attention on the desired area, but complete the whole system.”

Cindy then thanked Lantos for bringing the BioOscillator to us and making it available to the World.

Then Lantos said: “Yes, we must thank Beloved Bob for bringing out this BioOscillator. We are very fortunate. [Lantos paused, and then spoke slowly and emphatically.] We—are—all—very—fortunate.”

# The Wheel of Hope

*Ascended Master Lantos*

*11 December 2005*

## ***Wheel of Hope***

Lantos: “Blessings, Dear One. It is a great joy. It is a great joy. [pause] The results of the tireless efforts and activities of the pioneers of light have generated a very great level of harmony in the Earth’s atmosphere. A state of harmony is a state of peaceful balance. The Earth is absorbing wave after wave of harmony generated by the activities of BioGenesis in America and around the world. [All this spoken slowly, with many pauses. Then, there was such a long pause, Cindy thought he was done, so she asked him a question.]

Cindy: Is this a time for any new products? Also, I recently had a dream in which a new product was introduced; is this the time for that product?

Lantos: “We are in a Season of Hope, and there is great cause for hope. The Great Beings of Light are offering a Great Blessing to this Earth. It is a blessing of a very great Light, a focus of great Energy and Intelligence to nourish the Earth. We will harness the energy of this great gift with the Wheel of Hope. It is through the Wheel of Hope that, at this particular time, we will receive great blessings. [long pause] It is good.

“We will combine the Wheel of Hope with every BioGenesis treatment involving the blessed Wheels of Genesis, and we will find the floodgates opening wide for results unimagined, what we may call miracles—miracles of this season of hope.”

Cindy asked a question [What is the Wheel of Hope?]

Lantos: “I will give you the details of the Wheel of Hope. [long pause] It is the very special combination of this Wheel of Hope, at this time, with the Wheel treatments, that will bring on many miracles. We will see many great transformations. [long pause]

...

“It is a great season. We are blessed with a gift from Great Beings of Light. It is a very great blessing for this Earth. We are very grateful for the presence and divine assistance of these Great Beings. Many blessings.”

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*Ascended Master Lantos*  
*January 3 2006*  
***2006 is New Year of Hope***

Lantos:

“Dear Ones,

“Greetings for the New Year of Hope, a New Year of Blessings. In this New Year, the Earth will experience a great transformation; a great weight will be lifted from the Earth’s atmosphere. The Earth’s atmosphere is awake in the process of Creation, the mechanics of Creation. When the mechanics of Creation are lively, hope is present. Hope is a quality which is enlivened when the process responsible for fulfillment of desires is awakened. Hope is the natural byproduct of the ability to make manifest one’s desires. Hope is a natural state of being in Fulfillment. Let all enjoy Hope and Fulfillment in this blessed New Year.”

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*Ascended Master Lantos*  
*26 February 2006*  
***Re: Wheel of Hope questions***

Cindy: “Are there time limits for use of the Wheel of Hope?”

Lantos: “There are no limitations for the Wheel of Hope.”

Cindy: “Does one need all of the 27 Wheels to use the Wheel of Hope?”

Lantos: “It is better to use the complete set of Wheels. Wholeness is better, but the Wheel of Hope may be used alone or with one or two Wheels. (pause) Use what is available.”

Cindy: “Are there any guidelines for wearing the Wheel of Hope?”

Lantos: “Yes, yes, it is a good idea to wear, particularly on days of great importance—test days for students (pause), marriage ceremonies (pause)—it is especially good to enlist the blessings of the Wheel of Hope on these special days.”

Cindy: “Is it okay to wear anytime?”

Lantos: “Yes, (he smiled) every day is special.”

*Ascended Master Lantos*

*11 March 2004*

***8-Sided Pyramid and Multi-Colored Pyramid***

Cindy: Could you please tell us the difference between the clear, 8-sided Pyramid and the Multi-Colored Pyramid? Does the clear, 8-Sided Pyramid have anything to do with the eight steps of creation?

Lantos: “Yes, the topic of creation must be discussed on one’s birthday. It is good. Very good question. Both Pyramids reflect the eight-fold mechanics of creation. ... The Pyramid is the Master Educator. The Pyramid is the embodiment of the mechanics of nature responsible for the process of manifestation. The Pyramid is the Great Educator. That is why we place the Pyramid at the top of the room for all to see. Each Pyramid fulfills this great role. The clear, 8-Sided Pyramid has an additional value: the 8-Sided Pyramid has been designed to communicate with every level of creation, every layer of creation. Language is present on each level of creation. This is what we call the Language of Nature; it is the language present on all levels. The 8-Sided Pyramid is designed to radiate, or speak, the Language of Nature. This is very interesting, yes?”

Cindy: Yes!

Lantos: “The 4-sided Pyramid radiates the influence of the mechanics of creation, instructing the surroundings. The 4-sided Pyramid radiates the mechanics of nature, the Process of Creation. The 8-Sided Pyramid penetrates each layer of creation with the language of creation, educating each layer of creation in the process of the mechanics of the process of creation. In each case the outcome is harmony, wholeness. Finer details are awakened with the enlivening of each layer of creation through the language of nature. The 8-Sided Pyramid enlivens finer details on every layer of creation.”

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*Ascended Master Lantos*

*1999*

***BioTrinity***

“BioTrinity is a holy symbol worn and carried by Masters from many Traditions, many backgrounds. BioTrinity enlivens the Three Great Rays: the Ray of Knowledge, the Ray of Love and the Ray of Purity. These Three Rays may be seen radiating from the tips of BioTrinity.”

*Ascended Master Lantos*

*23 April 2003*

***BioTrinity is a Holy Symbol***

Lantos: “[BioTrinity] is a Holy symbol. It is a symbol that, when worn, brings about a great focusing of the Fiery Rays of Truth. Truth triumphs; Light is Victorious.

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*Ascended Master Lantos*

*1999*

***BioTrinity Offers a Doorway for the Mighty Flame***

“[BioTrinity] offers a doorway—a doorway through which the Mighty Flame of God’s Fiery Vision may enter. Wearing BioTrinity bathes the heart and mind in the brilliance of God’s Eternal Fiery Dominion.”

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*Ascended Master Lantos*

*17 December 2002*

***BioTrinity for the Holidays***

Lantos: “Yes, the BioTrinity for Christmas. It is the sight of the Almighty. BioTrinity awakens in society the sight of the Almighty—the vision unlimited—unrestricted. These are times wherein great vision is required. We must awaken in our leaders of nations a vision of greater scope—a vision of truer scope. The BioTrinity is a symbol of such purity (pause) great purity...and great power. It is surely a Tool for these times.

“We, the mighty nations, stand poised on the doorstep of turmoil. But look, see—the Light is present; we need not stumble now as if in darkness. First, we ushered in the Light. Now, we must awaken the vision to the presence of the Light.

“We stumble out of habit—so accustomed to the darkness. Let us take up this Holy symbol, BioTrinity. It is time now we invited society: look, see here, the Light is present—no need to move about as if shrouded in darkness. It is time to see where we are headed...in which direction...and to which ends we wish to plot our course. Let us awaken the Divine vision, for it is Divine vision which utilizes the Light. How can there be vision at all without the presence of Light?

“As the New Year approaches, let us awaken the sight. New Year is celebrated with great displays of light. Let us invite the nations of the World to awaken to the sight of this Light.

“This is our call for the New Year. It is a Year of Sight. Let there be vision...let there be sight.

“Bless you dear ones.”

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*Ascended Master Lantos*

*21 February 2003*

***Place BioTrinity on Pyramid at Night***

“Blessed Ones, let me congratulate you on your efforts over this past year. Success, at times, must be measured by that which does not come to pass. We are still in delicate times. We must strengthen the vision of the great leaders of the world. By day, continue wearing the BioTrinity; by night place the BioTrinity on or near a Pyramid. In this way, the effects may be amplified.... Focus on the leadership. Make your calls for Peace.”

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*Ascended Master Lantos*

*1999*

***Wand of Genesis***

“All that is guided by the currents of energy—the principle of motion—all such activities will be strengthened. Let us take the principle of wealth. Wealth arises out of the flow of energy currents moving through the physical plane. Let these currents be directed towards the home, towards the land. We remove the obstacles; we remove the detours. Your home, your land, will either serve to support the accumulation of wealth, or it will offer resistance to this Mighty and Dynamic Sepulcher of Life. We must set the conditions for support. All areas of life must receive support—this is our desire for you.

“Now, take this Wand and place it inside or outside, wherever there is a void. If it is outside, put it in the Earth—do not let it be exposed. If it is inside, keep it hidden from view. You will see greatest results when the Wand is placed into a void of energy, the spot where the streams of energy avoid. Walk around the house; you will notice these points of vacancy.”

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*Ascended Master Lantos*  
*21 April 2003*  
***Prosperity & World Economy***

“Dear Ones,

“It is time now to speak on the economy of the World. In times of conflict, it is natural to find the focus of a nation caught up in the whirlwind of events, the whirlwind of turmoil, that has led to the destruction of peace. Attention is powerful, and with the energy and attention spent in the direction of annihilation, the task becomes more difficult to generate progress in other areas of life.

“This week let us shift our attention towards the currents of energy which bring about growth and prosperity. The global economy has been weakened by the disruptive focus on conflict. The flow of the river is disrupted and weakened when a large boulder falls into its path. The river must look to regain its strength, regain its path and direction. Like this, the Currents of Prosperity seek to regain a flow of direction.

“Let us offer our assistance to the currents of energy responsible for prosperity. In the evening, after you have made preparations for bed, sit quietly, holding the Wand of Genesis in both hands. Envision the flowing currents of Light and Energy responsible for generating wealth and prosperity in society. Do this for a minute or two. Not only will this bring about an increase in personal prosperity, but this simple exercise will also bring about an increase in prosperity for society.

“The events of chaos which have occurred in recent years have interrupted the smooth flow of these generative forces of energy. It is important now that we offer our assistance in this way.

“Thank you blessed Messengers of Light. Many blessings.”

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*Ascended Master Lantos*  
*29 April 2003*  
***Continue Wand Prosperity Treatment***

Lantos: “Dear Ones,

“Do you see the power of this simple, simple technique for the increase of wealth?”

Cindy: “Yes.”

Lantos: “I thank each and every one of you for participating in this blessed activity. It is through your service that the deepest currents of energy and intelligence responsible for the generation of wealth have begun to stir.

“Let us continue with our brief, daily routine of this exercise. We will continue to stir these Mighty Currents. Just a few, few minutes of your attention and you have stirred the Mighty Rivers of Prosperity. It is a great blessing for humanity. Your active service to the Light is a great blessing. Thank you, Dear Ones.”

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*Master Lantos*  
*April, 2001*  
***Shield Treatment***

Cindy: “How should we address Mad Cow Disease in people?”

Lantos: “Yes, let us rid the people of this terror. Listen very carefully to the following steps. This procedure must be faithfully followed daily. This is very important as this simple technique will serve to protect the individual from many forms of negativity and disease.

“First, hold the Shield of Genesis two or three inches above the head. Next, take the Flame of Genesis and direct it through the Shield towards the head. Slowly move down the front of the body with the Flame directed through the Shield until you reach the ground. This only takes a few seconds. Now, repeat this process, starting above the head and slowly traveling down the right side of the body to the ground. Then repeat for the left side and for the back.

“This simple process gives great protection. Do it every day on every member of the family. Good. It is very good that this technique for protection has come to the people at this time. Teach this to all Custodians of the Light.

“Very good. Blessings to you and your beloved family.”

## 3 Wheels of Genesis

### Lantos on the Wheels of Genesis

Lantos: “The Wheels of Genesis are similar representations of the Great Celestial Sphere. Just as the eye is a tool through which the function of vision is achieved, the Wheels of Genesis are tools through which the function of vibratory acceleration is achieved. It is but an aspect of BioGenesis.

“Through the cycles of Initial Rotation the quality of motion is produced. In the Wheels of Genesis, this motion is connected with the fields of energy immediately surrounding the wheel. This connection offers the acceleration to the energy surrounding the wheel system.

“The Great Celestial Sphere is the Cosmic energy pattern surrounding Earth, and it is through the dynamics of motion and spin generated in this Great Cosmic Wheel that energy and Light are translated and transferred to Earth.

“Let us speak now of these 27 spins. One cycle of spin leads to another forming an interlacing cycle of rotation. Each segment of spin receives information from the previous cycle and through this pre-designated direction a new series of information is generated—new qualities of light and energy are released.

“Just as the Lunar cycles affect the cycles of tides upon this Earth, the Great Cycles of the Celestial Sphere impact the Cycles of Rotation found existing everywhere. We may speak of a sphere still greater in size and function. This is the Great Cosmic Sphere out of which is born and nourished all of Creation.

“The Wheels of Genesis receive and release the knowledge of the Great Cosmic Spheres.”

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*Ascended Master Lantos*  
*November 1999*  
*Effect of Full Circle of Wheels*

Cindy: ‘What would be the effect of being in a circle of all the Wheels of Genesis?’

Lantos: “The complete set of 27 cycles of rotation generates the physical presence of the Great Celestial Sphere. All qualities of knowledge, all manifestations of blessings, arise out of the Great Cosmic Cycle. Use with the Translator to direct the intent.”

Cindy: “Can anybody do this?”

Lantos: “Yes, yes. Let us all share in the many blessings of divine motion and transformation.”

Cindy: “Is there any specific sequence of Wheels that should be used?”

Lantos: “Any sequence will generate the results.”

Cindy: “Is there a limit on the time one can spend in the Circle of Wheels?”

Lantos: “There are no limits on totality.”

[NOTE: When using the full circle of Wheels, one should remember that this includes only the 27 Wheels of Genesis. The three Red Rings are not included in this circle.]

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## Wheels of Genesis Guidelines

**Progress:** (raised spiral ridges on the front side; smooth back side)

**Transformation:** (indented spiral crevices on the front side; smooth back side)

**Regeneration:** (raised spiral ridges on the front side; indented spiral crevices on the back side)

Remember in using the Wheels of Genesis that there are several rules which you should try to follow. The rules basically deal with three different areas: time limits; spin compatibility; and placement.

### Time Limits

- PROGRESS wheels have no time limit. You may use progress wheels for the duration of a treatment if you wish, or you may even wear them (except for Sunrise Energy progress wheel).
- TRANSFORMATION wheels generally have a ten minute time limit. There are two exceptions to this rule: First Rays and Clear transformation wheels have no time limits if they are being worn. The other seven transformation wheels may not be used

for more than ten minutes at a time. In a treatment, this time is cumulative. That is, from the time you place the first transformation wheel on a person in a treatment, you have only ten minutes of treatment for all the transformation wheels you want to use; after ten minutes, take all transformation wheels off the person and proceed with regeneration wheels. For example, if you start a treatment with the clear transformation wheel at 10:05 a.m., you may place other transformation wheels on the person's body, but at 10:15 a.m., all transformation wheels must come off, and no other transformation wheels may be used after that time (for the rest of the treatment).

- REGENERATION wheels have no time limit. You may use regeneration wheels for the duration of a treatment if you wish, or you may wear them (again, except for Sunrise Energy regeneration wheel). Please note, when using the First Rays regeneration wheel is used, you should start slowly, only using it for 10 or 20 minutes, building up over a period of time.
- Sunrise Energy Wheels have their own time limit if they are being worn, as opposed to being used in a treatment. If you wear a Sunrise Energy Wheel, you may wear it for 15 minutes, but then must wait 15 minutes before you may wear it again. That is, you may have it on for 15 minutes, then off for 15 minutes, then on again for 15 minutes, continuing this cycle for as long as desired.

### **Spin Compatibility**

- Never use a progress wheel with a transformation wheel. In a treatment, decide whether it is a progress or a transformation treatment; if it is a progress treatment, you should not use any transformation wheel during that treatment, and vice-versa. If you are wearing a progress wheel, you should take it off before putting on a transformation wheel. Likewise, take a transformation wheel off before putting on a progress wheel. (Since there are only two transformation wheels you may wear, this will apply only to those two wheels.) Also, if the person you are treating wears one or more wheels, he/she should remove the wheel(s) before the treatment. If the treatment is a transformation treatment, the person should wait 2 – 3 hours before wearing a progress wheel.
- Progress wheels may be used at the same time as regeneration wheels. Whether you are wearing a progress and a regeneration wheel, or whether you are treating someone with both progress and regeneration wheels, the wheels may be used together. Remember, though, that the progress side of the regeneration wheel should face the body if you are wearing a progress wheel, or if it is a progress treatment.
- Transformation wheels may be used in a treatment with regeneration wheels, but they must precede the regeneration wheel(s). Thus, if you have a transformation wheel on a person for ten minutes during a treatment, you remove the transformation wheel after no more than 10 minutes, and you may then use regeneration wheels. If you are

going to wear either the First Rays transformation or Clear transformation wheel, you may not wear a progress or a regeneration wheel at the same time.

## **Placement**

- Remember: Sunrise Energy wheels may not be placed near the head, neck or heart. Therefore, place it on the body below the abdominal area, or have the person you are treating hold this wheel. If you wear Sunrise Energy Wheels, do not wear them near your head, neck or heart.
- Although Wheels of Genesis may be placed immediately adjacent to a body during treatment, you will get best results if you place the wheels directly on the area of the body to be treated. For example, if you are treating a person who is experiencing abdominal pain, place a green wheel on the person's abdomen. You may also place the wheels under the person's body. If the wheel(s) is placed adjacent to the body, you may use an amplifier with it, to amplify the effects within the body; place the amplifier behind, on top of, or in front of the wheel. (If it is a Sunrise Energy wheel, place the amplifier behind or on top of the wheel.)

## **General Considerations**

- In using the Wheels of Genesis in a treatment, always use the Flame of Genesis, directing the Flame at the various wheels that are on the body. This accelerates the effects of the wheels. Please note that some wheels go well with the amplifier and the wand, as well. But, even with those wheels, use the Flame.
- It is helpful to have a BioGenesis Pyramid in the treatment room when you are doing a wheels treatment, as it helps to build a stable foundation upon which the wheels may work.
- Some conditions require treatment with wheels, plus the wearing of wheels, in addition to the use of tools. Consult your treatment planner for a compilation of these conditions.

# First Rays Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b>First Rays</b> (pale yellow)</p> <p><b>Vitality</b></p>  <p><b>First Rays Wheels</b> help reduce the effects of infection.</p>	<p style="text-align: center;"><b>Progress</b> Clockwise</p> <p><b>Suggested Use:</b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Great healing and rejuvenating powers capable of restoring youth and vitality. Storehouse of all forms, all creative possibilities. Physical power and stamina. Tremendous dynamism and energy.</p> <p>Enlivens both material and spiritual realms.</p> <p>Capable of rejuvenating inert matter into Illumined Energy.</p> <p><b>Balances:</b> Slight fevers, aggression, impulsiveness, dissatisfaction and avoidance of responsibilities.</p>	<p style="text-align: center;"><b>Transformation</b> Counter-Clockwise</p> <p><b>Suggested Use:</b></p> <p><b>Note: First Rays Transformation Wheel</b> may be worn for as long as desired, but may be used for only 10 minutes in a session.</p> <p><b>Promotes:</b> Functions like a Guardian Angel giving protection in the event of danger. This <b>First Rays Wheel</b> of Genesis intervenes when diversion from the right course of action occurs.</p> <p>As long as progress is achieved, it (<b>the First Rays Wheel</b> of Genesis) merely watches and nourishes the person by its influence.</p> <p><b>Balances:</b> Eases restlessness.</p>	<p style="text-align: center;"><b>Regeneration</b> Combination</p> <p><b>Suggested Use:</b></p> <p>Begin easily, 10 or 20 minutes with this one.</p> <p><b>Promotes:</b> Brings the energy from Higher Octaves.</p> <p>Illumination.</p> <p>Opening the connection between the individual and the Higher Octaves of Light, Energy and Motion.</p> <p><b>Balances:</b> Cravings, passions and violence. When there is a lack of receptivity, begin with this wheel.</p> <p>Opens and establishes a column through which flows the energy and assistance from the Higher Octaves.</p>

# Clear / Transparent Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b>Clear</b> (Transparent)</p> <p><b>Nourishment</b></p>  <p>Clear Wheels may be used following a meal to increase the energy levels of the physical body during this time of focused activity within the human digestive system.</p>	<p><b>Progress</b> <b>Clockwise</b></p> <p><b>Suggested Use:</b> May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Good to begin with this Wheel as it opens and awakens the energy field.</p> <p>Attracts the Beings of Light.</p> <p><b>Balances:</b> Emotions. Acts as a key opening the doors for growth and transformation.</p>	<p><b>Transformation</b> <b>Counter-Clockwise</b></p> <p><b>Suggested Use:</b> <b>Note:</b> The <b>Clear Transformation Wheel</b> may be worn for as long as desired, but may be used for only 10 minutes in a treatment.</p> <p><b>Promotes:</b> This <b>Clear/Transparent</b> Wheel of Genesis is a great Cosmic Attractor of financial prosperity. Under the direction and guidance of this <b>Clear/ Transparent</b> Wheel of Genesis, the individual is given Divine instructions from the Octaves of Light. This Cosmic Cycle provides a path for the expression of dynamic energy. It enables the individual to carry forward into the external realm the activities of the Higher Octaves. Great responsibility is entrusted to an individual through this Cosmic Cycle. Enthusiasm, inner strength and vitality are qualities associated with this <b>Clear/Transparent</b> Wheel of Genesis. This Wheel opens the gate to a heightened level of existence.</p> <p><b>Balances:</b> Balances selfishness and the desire for personal recognition.</p>	<p><b>Regeneration</b> <b>Combination</b></p> <p><b>Suggested Use:</b> May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> This wheel opens a channel through which passes the healing qualities from the Higher Octaves. Vitalizing impulses are received which sustain and nourish the individual. Greater sensitivity is developed, while at the same time the effects of the surrounding commotion and activity are less pronounced. Greater harmony. This is the tool of the Great Cosmic Waters. It cleanses and purifies the effects of past actions. Creativity is developed. The individual experiences a desire for greater dedication to humanity. Help from the Higher Octaves, sometimes appearing like miraculous assistance, comes to the individual.</p> <p><b>Balances:</b> Sustains life as well as cleanses impurities and poisons, jealousy and diseases.</p> <p>To be used with the <b>Flame</b> and the <b>Wand of Genesis</b>.</p>

# Dark Violet Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><u><b>Dark Violet Transformation</b></u></p> <div style="text-align: center;">  </div> <p><b>Note:</b> It is good to follow with <b>Full Rays</b> or <b>Clear</b> Wheels of Genesis. <b>Dark Violet</b> may be cleansed further with the <b>Clear</b> Wheel of Genesis.</p>	<p style="text-align: center;"><b><u>Progress</u></b> Clockwise</p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Creativity, inspiration. Generates happiness.</p> <p><b>Balances:</b> This is the knife. Any impediment to the progress of the individual is removed. The Dark Violet Wheel knives through the thickness to bring about change. This Cycle of the Great Cosmic Wheel restores balance through surgery, removing the object or impurity.</p> <p><b>Note:</b> The selection of other Wheels of Genesis used in conjunction with this Dark Violet Wheel is important in determining the direction of expression for these results.</p>	<p style="text-align: center;"><b><u>Transformation</u></b> Counter-Clockwise</p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> Promotes the inner desire for transformation. Immense opportunity for growth and expansion. Removes conscious impressions of traumas (emotional, mental, or physical).</p> <p><b>Balances:</b> Loneliness. Offers security.</p>	<p style="text-align: center;"><b><u>Regeneration</u></b> Combination</p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Divine inspiration. One begins to perceive life in a different light. One gains an understanding of universal laws. Promotes rest and peace. Promotes harmonious relationships, affluence and leadership.</p> <p><b>Balances:</b> Brings balance to spiritual and physical energies. Balances the fatigue born of constant activity. Eliminates deceit.</p>

# Light Violet Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b><u>Light Violet</u></b></p> <p><b>Connection with the Cosmic Energy</b></p> <div style="text-align: center;">  </div> <p><b>Note:</b> May be followed effectively by Green Wheels. May also be used to great effect with Clear and Dark Violet Wheels.</p>	<p style="text-align: center;"><b><u>Progress</u></b> Clockwise</p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Tenderness. Enlivens emotions.</p> <p><b>Balances:</b> Brings energy from the Higher Octaves into the world.</p> <p>Purifies the tendencies to be immersed in personal gratification.</p>	<p style="text-align: center;"><b><u>Transformation</u></b> Counter-Clockwise</p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> This Wheel of Genesis has immense regenerative abilities. This energy enables life to grow and assume innumerable shapes.</p> <p><b>Balances:</b> Brings harmony to the level of the emotions. Balances excessive physical energies. Imbalances arising from confrontations, difficulties or obstructions. When many difficulties are experienced by an individual, allow for 10 minutes with this Cosmic Cycle to cleanse and purify the path of action.</p>	<p style="text-align: center;"><b><u>Regeneration</u></b> Combination</p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Great Silence and meditation. Restores the balance of self-worth and service to others. Promotes harmony. Freedom from the past, encourages complete attention to that which exists in the present moment. Heightens the abilities for perception and alertness. The individual receives universal impressions. One listens to the voice of the Divine within. Offers tremendous courage and endurance.</p> <p><b>Balances:</b> Balances attachments to unfruitful goals. The primary function of this Cosmic Cycle is to harmonize and eradicate all impediments to the growth of the soul. It brings balance to all the divergent forces of human existence.</p>

# Sunrise Energy Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b><u>Sunrise Energy</u></b> (light rose / pink)</p> <p><b>Perception and Receptivity</b></p> <div style="text-align: center;">  </div> <p><b>Note:</b> Do not use Sunrise Energy Wheels in the area of the heart, neck or head. Follow with Green and/or Full Rays Wheel(s). Do not end a session with Sunrise Energy.</p>	<p style="text-align: center;"><b><u>Progress</u></b> <b>Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session for as long as is comfortable. Place below the waist.</p> <p>May be worn / carried below the waist for 15-minute intervals.</p> <p><b>Promotes:</b> Promotes the flow of energy.</p> <p><b>Balances:</b> Obstructions to the flow of energy.</p> <p>Note:</p>	<p style="text-align: center;"><b><u>Transformation</u></b> <b>Counter-Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> Balancing all levels of life. When life is in the throws of turmoil, spend time with this Wheel of Genesis. This Wheel allows for the emergence of the inner radiance of the human spirit. Sudden flashes of inspiration occur through the influence of this Wheel, and these momentary flashes become the guiding stars for the lives of the seekers of light.</p> <p><b>Balances:</b> Selfish tendencies and mental confusion. Lack of clarity or lack of confidence. The effects of this Wheel are primarily on intellectual and inspirational levels.</p>	<p style="text-align: center;"><b><u>Regeneration</u></b> <b>Combination</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session for as long as is comfortable. Place below the waist.</p> <p>May be worn / carried below the waist for 15-minute intervals.</p> <p><b>Promotes:</b> The individual begins to function as an instrument through which the light of the Higher Octaves may be offered to creation, unceasingly and without distortion. The individual radiates the knowledge and power from the Higher Octaves. The individual experiences the Cosmic Energy circulating everywhere. This prepares the individual to realize the highest achievements in human form. The individual gains enormous vitality to nourish the world around. Provides courage, strength and devotion. Offers protection.</p> <p><b>Balances:</b> Physical energy.</p>

# Green Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b><u>Green</u></b></p> <p><b>Strength</b></p>  <p><b>All 3 Green Wheels assist with the following:</b></p> <ul style="list-style-type: none"> <li>--Generate great power within the body</li> <li>--Strengthen digestion</li> <li>--Restore harmony to painful conditions</li> </ul>	<p><b><u>Progress</u></b> <b>Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Draws support from the surroundings—surroundings with the body and within the environment. Strengthens the mind, or thinking capacity—the power to comprehend. Offers an understanding of the relationships in which one exists.</p> <p>Absorbs and radiates the influence from the Great Central Sun.</p> <p><b>Balances:</b> Restores a freshness to the body.</p>	<p><b><u>Transformation</u></b> <b>Counter-Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> Promotes fluidity, ease and fulfillment.</p> <p><b>Balances:</b> Use when an individual is overly susceptible to outer influences. Also balances self-centeredness, intensity and activity motivated by the goal of personal gain. Removes physical congestion.</p>	<p><b><u>Regeneration</u></b> <b>Combination</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Bestows wisdom. Activates the forces of light within the human body. This enables the soul to express itself effectively through form. Latent abilities are realized. This Cycle acts at a very deep level. Inner spirituality blossoms and dramatically transforms the life of the human being. This process includes the growth of loyalty, truthfulness, consistency and vitality.</p> <p><b>Balances:</b> Mental lethargy is overcome, as sublime inspiration is received. Balances overly-active emotions.</p>

# Full Rays Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b><u>Full Rays</u></b> (Gold)</p> <p><b>Revival and Restoration</b></p>  <p><b>Note:</b> You may always end a session with a Full Rays Wheel (Progress or Regeneration)</p>	<p style="text-align: center;"><b><u>Progress</u></b> <b>Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Gives perseverance and determination. Strengthens the will. Prepares the individual for great action. Restores stability and light to the energy field. Bathes the energy in a cleansing, golden light. Strengthens digestion.</p> <p><b>Balances:</b> Offers protection.</p> <p><b>Note:</b> The results of the Full Rays Progress Wheel will vary according to the selection of other Wheels of Genesis used in conjunction with it.</p>	<p style="text-align: center;"><b><u>Transformation</u></b> <b>Counter-Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> Cleanses past impressions. A great weight is lifted. Prepares the individual for great changes.</p> <p><b>Balances:</b> Impressions stored in the body or mind of the individual. Balances restlessness in the personal life, mental turmoil and dissatisfaction with the existing conditions of life.</p>	<p style="text-align: center;"><b><u>Regeneration</u></b> <b>Combination</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Produces a great sense of self-reliance—the capacity to stand on one’s own feet. Promotes individuality. Encourages the individual to be focused upon an ideal. One’s personal mission is embraced with great zeal, courage and dedication. Immense activity is directed toward spiritual growth.</p> <p>The Light of God’s Rays.</p> <p><b>Balances:</b> Rebellious tendencies, unfocused behavior.</p>

# Dark Blue Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b>Dark Blue Stability</b></p> 	<p style="text-align: center;"><b><u>Progress</u></b> Clockwise</p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Promotes the blossoming of latent faculties. Aids in discovering and fulfilling the personal destiny of the individual.</p> <p><b>Balances:</b> Brings peace, tranquility and faith in oneself. Balances a hot brain; the excessive mental energy may be cooled—slowed down—with this Cosmic Cycle.</p>	<p style="text-align: center;"><b><u>Transformation</u></b> Counter-Clockwise</p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> Uncovers in the morning what is concealed during the night. This Wheel lifts the veil of ignorance to reveal the magnificent nature within. With this awareness grows understanding and friendliness. Courage is promoted as is devotion to the path of love.</p> <p><b>Balances:</b> When one feels burdened by the responsibilities of day-to-day existence, the use of the Dark Blue Wheels of Genesis will lighten the experience. Helps restore harmony to head diseases and discomforts.</p>	<p style="text-align: center;"><b><u>Regeneration</u></b> Combination</p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> One's path of action is clarified. Wisdom is gained and the individual is freed from the binding influence of human attachment.</p> <p><b>Note:</b> Follow this Wheel in a session with the Wand of Genesis.</p> <p>The results of this Wheel of Genesis are guided by the influences of other Wheels used in conjunction with it.</p>

# Aqua Blue Wheels of Genesis

	+	-	+/-
<p><b>Note:</b> Use of the <b>Flame of Genesis</b> and the <b>Wand of Genesis</b> accelerates the process of balancing.</p> <p><b><u>Aqua Blue</u></b> <b>Awakening</b></p> <div style="text-align: center;">  </div> <p><b>Note:</b> The Aqua Blue Wheels are good for children.</p> <p>Aqua Blue Wheels help reduce the effects of infection.</p>	<p style="text-align: center;"><b><u>Progress</u></b> <b>Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Awakens the perception of the Higher Octaves.</p> <p>Imparts intellectual and mental development.</p> <p><b>Balances:</b> Removes congestion. Purifies and cleanses the lymph system. Builds self-reliance.</p>	<p style="text-align: center;"><b><u>Transformation</u></b> <b>Counter-Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>Transformation Wheels have a 10-minute time limit.</p> <p><b>Promotes:</b> Functions like a guardian angel, protecting and guiding the development of its earthly children. Angels and Beings of Light offer assistance to one with this Wheel, and miraculous capabilities are unlocked. Promotes balance of the spiritual energies within the physical form.</p> <p><b>Balances:</b> Removes congestion. (Much of the same results as those of the Aqua Blue Progress Wheel.)</p>	<p style="text-align: center;"><b><u>Regeneration</u></b> <b>Combination</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for as long as is comfortable.</p> <p><b>Promotes:</b> Angelic assistance. Preservation and protection. Offers rest until the next cycle of activity emerges. This Great Cosmic Cycle provides assistance to those forces of creation which operate to herald a new beginning. Strengthens and promotes relationships. Provides a source of energy for the sustenance of life. Promotes growth and fertility.</p> <p>May be used effectively with the BioAmplifier.</p> <p><b>Balances:</b> Balances overly sensitive emotions or feelings of insecurity or inferiority.</p>

# Red Rings of Genesis

<p><b>The Red Rings are not Wheels of Genesis, but they do hold the Genesis Energy.</b></p> <p><b><u>Red Rings</u></b></p>  <p>Do not include the Red Rings in the <b>Circle of Wheels</b>.</p>	<p style="text-align: center;">+</p> <p style="text-align: center;"><b><u>Progress</u></b> <b>Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>May be used in a session or worn / carried for up to 30 minutes at a time.</p> <p><b><u>Promotes:</u></b> Progress may be used to enhance the cook's flame. Place the Ring of Progress above or beneath the food during cooking. Put it above or under the stove.</p> <p><b><u>Balances:</u></b> High Blood Pressure, as well as other blood disorders.</p>	<p style="text-align: center;">-</p> <p style="text-align: center;"><b><u>Transformation</u></b> <b>Counter-Clockwise</b></p> <p><b><u>Suggested Use:</u></b></p> <p>When worn or carried, the Red Transformation Ring has a 30-minute time limit. When used in a session, the time limit is 10 minutes.</p> <p><b><u>Balances:</u></b> Use when poisons have been introduced to the body. This may include insect bites, inoculations / vaccinations, and allergy attacks.</p>	<p style="text-align: center;">+/-</p> <p style="text-align: center;"><b><u>Regeneration</u></b> <b>Combination</b></p> <p><b><u>Suggested Use:</u></b></p> <p>Use as long as bad dreams persist.</p> <p><b><u>Balances:</u></b> Bad dreams / nightmares. Place the Red Regeneration Ring under the pillow. When the bad dreams stop, remove the Ring.</p>
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## 4 Session Plan

PHYSICAL CONDITIONS	COMMENT
<b>TO PROMOTE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Digestion	Green (any spin direction) or Full Rays Progress
Digestion; after meals, focuses the body's energy on digestive process	Clear (any spin direction)
Energy; greater flow of energy	Sunrise Energy Progress
Energy; greater physical energy	Clear (any spin direction)
Fertility	Aqua Blue Regeneration
Freshness to body	Green Progress
Growth	Aqua Blue Regeneration
Healing; open a channel for healing qualities from Higher Octaves	Clear Regeneration
Heart—strengthen	Green (any spin direction)
Physical power and stamina	First Rays Progress
Power; great power within the body	Green (any spin direction)
Rejuvenating inert matter into illumined energy	First Rays Progress
Sustenance & Nourishment	Clear Regeneration
Vitality	Clear Transformation or Green Regeneration
Youth and vitality	First Rays Progress
<b>TO BALANCE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Anemia	Red Ring Progress
Blood disorders	Red Ring Progress
Bronchitis	Aqua Blue (any spin direction)
Congestion	Green Transformation or Aqua Blue Transformation or Aqua Blue Progress
Congestion in Lymph	Aqua Blue Progress

<b>PHYSICAL CONDITIONS (cont'd)</b>	<b>COMMENT</b>
<b>To Balance (continued)</b>	
Diarrhea	Full Rays Transformation Followed by Full Rays Regeneration
Digestive disorders	Full Rays Transformation Followed by Full Rays Regeneration
Energies; balance physical & spiritual energies	Dark Violet Regeneration
Energy (general balancing)	Sunrise Energy Regeneration
Energy; excessive physical energy	Light Violet Transformation
Fatigue (burnout; fatigue from constant activity)	Dark Violet Regeneration
Fatigue (general)	Sunrise Energy Progress
Fibromyalgia	Green (any spin direction) or Aqua Blue (any spin direction)
Fungus	Green Transformation
Head diseases & discomforts	Dark Blue Transformation
High or Low Blood Pressure	Red Ring Progress
Impressions (balance impressions stored in body)	Full Rays Transformation
Impurities and poisons (cleanse)	Clear Regeneration
Infections (effects thereof)	First Rays Progress or Aqua Blue Progress
Pain	Green (any spin direction)
Parasites	Full Rays Transformation Followed by Full Rays Regeneration
Poison/inoculation/insect bite	Red Ring Transformation
Polio (paralysis from Polio)	Red Ring Transformation
Rashes	Dark Blue Progress & Clear Progress
Skin Cancer	Aqua Blue Progress or Aqua Blue Regeneration
Slight fevers	First Rays Progress
Teeth—dental problems	Clear Progress
Trauma (physical); removal of conscious impressions thereof	Dark Violet Transformation
Virus	First Rays Progress
Weight (when one eats too much because he/she is always hungry)	Dark Blue Progress or Dark Blue Regeneration
Weight (when one eats too much because his/her body needs the energy)	Clear (any spin direction)

<b>EMOTIONAL CONDITIONS</b>	COMMENT
<b>TO PROMOTE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Courage	Light Violet Regeneration or Sunrise Energy Regeneration or Dark Blue Regeneration
Devotion to path of love	Dark Blue Regeneration
Emotions—enliven	Light Violet Progress
Enthusiasm	Clear Transformation
Freedom from the past	Light Violet Regeneration
Friendliness	Dark Blue Regeneration
Happiness	Dark Violet Progress
Harmony	Clear Regeneration or Light Violet Regeneration
Inner strength	Clear Transformation
Relationships—harmonious relationships	Dark Violet Regeneration
Relationships—strengthen	Aqua Blue Regeneration
Relationships—understanding nature of relationships in which one exists	Green Progress
Security	Dark Violet Transformation
Self-reliance	Full Rays Regeneration
Sensitivity, while also providing insulation from outer commotion	Clear Regeneration
Tenderness	Light Violet Progress
<b>TO BALANCE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Aggression	First Rays Progress
Confidence—lack thereof	Sunrise Energy Transformation
Cravings	First Rays Regeneration
Depression	Dark Violet Progress
Dissatisfaction	First Rays Progress
Emotions—overly sensitive	Aqua Blue Regeneration
Emotions—overly-active	Green Regeneration
Emotions—provide general balance	Clear Progress

<b>EMOTIONAL CONDITIONS (cont'd)</b>	<b>COMMENT</b>
<b>To Balance (cont'd)</b>	
Impulsiveness	First Rays Progress
Inferiority	Aqua Blue Regeneration
Insecurity	Aqua Blue Regeneration
Intensity	Green Transformation
Jealousy	Clear Regeneration
Loneliness	Dark Violet Transformation
Passions	First Rays Regeneration
Restlessness	First Rays Transformation
Self-centeredness	Green Transformation
Self-esteem / self-worth (lack thereof)	Light Violet Regeneration
Selfish tendencies	Sunrise Energy Transformation
Selfishness	Clear Transformation
Trauma—emotional (removes conscious impressions thereof)	Dark Violet Transformation
Violence	First Rays Regeneration

<b>MENTAL / INTELLECTUAL CONDITIONS</b>	<b>COMMENT</b>
<b>TO PROMOTE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Creativity	Clear Regeneration or Dark Violet Progress
Creativity—increase creative possibilities	First Rays Progress
Freedom from the past	Light Violet Regeneration
Inner desire for transformation	Dark Violet Transformation
Inspiration	Dark Violet Progress
Loyalty	Green Regeneration
Mental & intellectual development	Aqua Blue Progress
Perception and alertness	Light Violet Regeneration
Rest and peace	Dark Violet Regeneration
Self-reliance	Full Rays Regeneration
Thinking capacity—the power to comprehend	Green Progress
Truthfulness	Green Regeneration
Wisdom	Dark Blue Regeneration or Green Regeneration
<b>TO BALANCE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Avoidance of Responsibilities	First Rays Progress
Confidence—lack thereof	Sunrise Energy Transformation
Confusion	Sunrise Energy Transformation
Deceit	Dark Violet Regeneration
Hot brain / excessive mental energy	Dark Blue Progress
Impressions—balance impressions stored in mind	Full Rays Transformation
Intensity	Green Transformation
Mental lethargy	Green Regeneration
Nightmares	Red Ring Regeneration (not for session)
Personal gratification—tendency toward	Light Violet Progress
Personal Recognition—desire for	Clear Transformation
Receptivity—lack thereof	First Rays Regeneration

<b>MENTAL / INTELLECTUAL CONDITIONS (cont'd)</b>	COMMENT
<b>To Balance (cont'd)</b>	
Restlessness	First Rays Transformation
Self-centeredness	Green Transformation
Trauma—mental (removes conscious impressions thereof)	Dark Violet Transformation
Turmoil	Full Rays Transformation

<b>SPIRITUAL CONDITIONS</b>	COMMENT
<b>TO PROMOTE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Attract Beings of Light	Clear Progress
Dedication to humanity	Clear Regeneration
Divine inspiration	Dark Violet Regeneration
Divine instruction	Clear Transformation
Energy	Clear Progress
Enliven spiritual realms	First Rays Progress
Expression—allow soul to express itself through form	Green Regeneration
Freedom from the past	Light Violet Regeneration
Growth and expansion	Dark Violet Transformation
Growth and transformation	Clear Progress
Growth—immense activity toward	Full Rays Regeneration
Heightened level of existence	Clear Transformation
Help from Higher Octaves; miraculous assistance from above	Clear Regeneration
Illumination	First Rays Regeneration
Inner strength	Clear Transformation
Knowledge and power from Higher Octaves	Sunrise Energy Regeneration
Light from Higher Octaves—become an instrument through which this Light is offered to Creation	Sunrise Energy Regeneration
Past Actions—purify effects thereof	Clear Regeneration
Rest and peace	Dark Violet Regeneration
Silence and meditation	Light Violet Regeneration
Understanding of universal laws	Dark Violet Regeneration
Voice of the Divine—promote attention thereto	Light Violet Regeneration
<b>To Balance</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Energies—balance physical & spiritual energies	Dark Violet Regeneration
Impediments to Soul	Light Violet Regeneration
Spiritual Energy within Physical Form – Balance	Aqua Blue Transformation

<b>GENERAL CONDITIONS</b>	<b>COMMENT</b>
<b>TO PROMOTE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Achievements—prepares one to realize highest achievements in human form	Sunrise Energy Regeneration
Affluence	Dark Violet Regeneration
Angelic & divine assistance	Aqua Blue Transformation or Aqua Blue Regeneration
Balance all facets of life	Sunrise Energy Transformation
Consistency	Green Regeneration
Endurance	Light Violet Regeneration
Enormous vitality to nourish surrounding world	Sunrise Energy Regeneration
Fluidity & ease	Green Transformation
Focus on an ideal	Full Rays Regeneration
Freedom from human attachment	Dark Blue Regeneration
Fulfillment	Green Transformation
Growth and expansion	Dark Violet Transformation
Guardian Angel	Aqua Blue Transformation
Guardian Angel, giving protection in event of danger	First Rays Transformation
Help from Higher Octaves; miraculous assistance from above	Clear Regeneration
Individuality	Full Rays Regeneration
Inspiration (brings flashes of inspiration which serve as guiding stars for seekers of the Light)	Sunrise Energy Transformation
Intervention when one's actions divert from proper course	First Rays Transformation
Latent abilities	Green Regeneration
Latent faculties	Dark Violet Progress
Leadership	Dark Violet Regeneration
Life (help sustain life)	Clear Regeneration
Life—enable life to grow and assume innumerable shapes	Light Violet Transformation
Miraculous capabilities unlocked	Aqua Blue Transformation
Money—attraction of financial prosperity	Clear Transformation
New beginnings	Aqua Blue Regeneration

<b>GENERAL CONDITIONS (cont'd)</b>	COMMENT
<b>TO PROMOTE (Cont'd)</b>	
Path of action clarified	Dark Blue Regeneration
Peace, tranquillity and faith in oneself	Dark Blue Progress
Perseverance and determination	Full Rays Progress
Personal destiny (promotes recognition and fulfillment thereof)	Dark Blue Progress
Personal mission	Full Rays Regeneration
Preparation for great action	Full Rays Progress
Preservation & protection	Aqua Blue Regeneration
Protection	Sunrise Energy Regeneration or Full Rays Progress
Stability and Light—restores to energy field	Full Rays Progress
Strength and devotion	Sunrise Energy Regeneration
Support from surroundings	Green Progress
<b>TO BALANCE:</b> (Please note the Wheel(s) which Lantos has said is relevant to the condition listed is referenced in the right column.)	
Attachments to unfruitful goals	Light Violet Regeneration
Burnout	Dark Violet Regeneration
Confrontation—imbalances arising from confrontations, difficulties or obstructions	Light Violet Transformation
Difficulties in life	Light Violet Transformation
Dissatisfaction with existing conditions of life	Full Rays Transformation
Freedom from the past	Light Violet Regeneration
Overburdened by day-to-day responsibilities	Dark Blue Transformation
Overly susceptible to outer influences	Green Transformation
Past Actions—purifies effects thereof	Clear Regeneration
Personal Gratification—tendency to be immersed in	Light Violet Progress
Rebellious tendencies	Full Rays Regeneration

<b>GENERAL CONDITIONS (cont'd)</b>	COMMENT
<b>To Balance (cont'd)</b>	
Restlessness in personal life	Full Rays Transformation
Turmoil in life	Sunrise Energy Transformation
Unfocussed behavior	Full Rays Regeneration

## 5 Supplemental Session Guide

ADD (Attention Deficit Disorder)	Shield of Genesis. Although children normally should not wear the Shield, a child suffering from ADD may wear the Shield for short periods of time at home.
Addictions	Treat the photograph of the person who has the addiction; use the BioOscillator on the picture a few minutes each day. After treating with the BioOscillator, place a BioGenesis Tool on the picture (any tool). You may leave the BioGenesis Tool on the picture all day and all night, and you may change the tool from day to day. It is good to have the person drink the Wings water, but it is important to treat the picture, as the picture will not offer resistance to the treatments.
Allergies	<p>BioOscillator should be used. Red Ring of transformation and the Shield may also be used. Place food items in a circle of wheels for 1 – 2 minutes, before cooking.</p> <p>Specific long-term allergy treatment: Hold the object which gives the negative reaction for 2 or 3 minutes daily. During this time, treat with BioOscillator. Do this for 10 days—every day, a 2- or 3-minute treatment. On the 11<sup>th</sup> day, you may introduce the substance in small quantities. For instance, if you are treating for a food allergy, you may begin to eat a small amount of the food on the 11<sup>th</sup> day. After eating, treat with the BioOscillator for a few minutes. Wait 3 days before eating more. During these 3 days, treat frequently with the BioOscillator, short treatments. Just a few minutes is all it takes. After these 3 days, you may begin to eat and enjoy the food.</p> <p>ENVIRONMENTAL ALLERGIES: For environmental allergies (such as hay fever or allergies to dogs or cats) repeat the Shield Treatment, using the BioOscillator in place of the Flame. Also, use the BioOscillator allergy routine (above). Collect a sample of the dust or the dog hair. Perform the same daily routine as with food items. Smell the item instead of tasting it.</p>
Alzheimers	BioOscillator and Flame of Genesis. Wear the Light Violet or the Full Rays wheels (progress or regeneration). Place a pyramid in the room. You may place a wand under the bed of this individual.
Anxiety	“Hold the Wand for a few minutes several times a day and in the evening before bed.”
Arteriosclerosis	Flame of Genesis
Arthritis	Flame of Genesis

Asthma	Treat with the wand. Hold the wand.
Atherosclerosis	Flame of Genesis
Autism (especially in children)	Wand of Genesis. Place a Wand under the bed of the child.
Bi-Polar	Clear Progress and Dark Violet Progress Wheels; wear together, or alternating throughout the day.
Bird Flu / Avian Flu	To protect against the bird flu, let us use the Shield treatment daily. To treat the symptoms, let us apply the Dark Blue Progress and the Clear Regeneration Wheels. Use the Amplifier and the Flame.
Bladder	BioOscillator
Blisters (small blood blisters on skin)	Use the base of the BioAmplifier
Bones / Skeletal System (e.g., osteoporosis or scoliosis)	Flame of Genesis. Use short daily sessions, 10 or 15 minutes each day. The base of the BioAmplifier may also be used.
Bones—broken or fractured	Flame of Genesis
Bone Infections	Hold the First Rays Transformation Wheel directly on the infected area of the bone. Treat with the Flame over the Wheel. You may also treat with the Amplifier over the Wheel. Hold the Wheel over the surface frequently. Bone infections respond well to salt; hold a small packet of salt directly on the surface of the bone, along with the First Rays Transformation Wheel.
Borderline Personalities Disorder	Begin by treating the details—other areas of concern, specific difficulties in the health or personality. Then, once you have completed this path, end with an extended treatment with the Wand (e.g., use the Wand for 10 minutes or so at the end of the treatment). Be sure that the individual carries a Shield, as well as a BioTrinity, during the day. See that a multi-colored Pyramid is in the bedroom at night. But, you must begin by treating the outer layers of difficulty first.
Breast Cancer	Wings of Genesis. Drink the Wings water. Use the Wand around the affected area. Go to the Translator with the desire for healing. Wear the Shield for greater protection.
Bronchitis	Aqua Blue Wheels. Use the Aqua Blue Wheels in a session (follow the rules on spin compatibility, e.g., do not use the progress and the transformation wheel in the same session), while directing the Flame of Genesis at the wheels.
Burns	BioAmplifier—use the base of the BioAmplifier (remember, the base does not touch the skin)
Cancer	Wings of Genesis. Drink the Wings water daily. Treat the area affected with the Flame and with the BioOscillator. Use daily sessions.
Cancer—Skin Cancer	Apply the Aqua Blue Progress or Aqua Blue Regeneration

	wheel to the area of skin disease. Direct the Flame to the wheel.
Candida	“Candida must be isolated. Wear the Shield. Place the food by the Amplifier. Eat happily.”
Cataracts	Place a wheel over the eye and use the BioTranslator over the wheel. (You must select which wheel for each person; it will be different from person to person.) This is a short session. You may wear the wheel.
Chem-Trail	BioOscillator
Colds	“First Rays Progress. While resting, hold one in each hand. You will notice a very quick relief. After some time, you may place one Wheel over the forehead and the other Wheel on the stomach. Switch back and forth—hands-to-head, and hands-to-stomach, for as long as is comfortable. Repeat this as needed.” [Note: This session involves two First Rays Progress Wheels.]
Cholesterol	Aqua Blue Progress
Cough	Begin with BioOscillator for 5 minutes. Then place First Rays Progress and Dark Violet Regeneration on the lungs. You may end the cough treatment with 5 minutes of BioOscillator.
Deafness	Flame of Genesis
Diabetes	Dark Blue wheels. Wear Dark Blue Progress wheel.
Emphysema	Green wheels. Use the Green Transformation wheel for the daily session (10 minutes for this wheel). Direct the Flame of Genesis toward the lungs. All other BioGenesis Tools can also be used to assist. Always wear the Green wheel of Progress or Regeneration, except when the session is being given. The BioOscillator will be the most useful tool in the session of Emphysema.
Epilepsy	Treat with the Wand. Treat extensively around the head. Brush down the body. Have the individual hold the Wand frequently. Wear a Shield for stability. Treat with Dark Violet Progress or Dark Violet Transformation. Use the Flame over the Dark Violet Wheels.
Fertility	Place the BioGenesis Pyramid (multi-colored) in the bedroom. Use the BioTranslator to place your desire. See it accomplished.
Fibromyalgia	Wear Green or Aqua Blue wheels (progress or regeneration). Treat with the base of the BioAmplifier.
Flu	“First Rays Progress. While resting, hold one in each hand. You will notice a very quick relief. After some time, you may place one Wheel over the forehead and the other Wheel on the stomach. Switch back and forth—hands-to-head, and hands-to-stomach, for as long as is comfortable. Repeat this as needed.” [Note: This session involves two First Rays

	Progress Wheels.]
Fungus	Green Transformation Wheel and BioOscillator
Hair Loss	Wear Green Regeneration Wheel
Heart	Sit inside the circle of wheels. Green wheels strengthen the function of the heart. BioOscillator is for toxins in the heart.
Heart Murmur	BioOscillator. You may also use the Wand. Hold the Wand. Place it over the heart. Place a Wand under the bed directly under the heart.
Hemorrhoids	Use the Light and Dark Violet Transformation Wheels. Also, treat for stress using the Wand of Genesis (see under “Stress and Anxiety”).
Hepatitis (A, B or C)	“Treat with the Amplifier & the BioOscillator. Treat many times. Use the Wheels, especially Sunrise, Green & Dark Violet.”
Herpes	Flame and Dark Blue Transformation wheel; you may also treat for periods with the Red Ring Transformation. (Use the Flame with the Red Ring, as well.)
HIV	“The whole self must be treated: the outer self, as well as the inner self. The Wand is very useful. Use it during each treatment. You may spend extra time with the Wand—5-to-10 minutes, three or four times during a treatment. Use the Wand in combination with the Wheels. Ask the individual to hold the Wand several times each day. Also, let us ask the individual to wear a Shield. Perform the Shield treatment each morning. In this way, progress will be made.”
Hot Flashes (Menopause)	The Shield treatment should produce a soothing effect. Continue with the Shield Treatments.
Jet Lag	Lie down; rest for 10-15 minutes with the multi-colored pyramid above your head and with the Clear Transformation wheel on your forehead.
Kidneys	BioOscillator
Leukemia	Flame of Genesis and BioOscillator. Also drink the Wings water.
Lupus	Flame of Genesis and Wand of Genesis. Wear the Green Regeneration wheel.
Manic-Depression	Clear Progress and Dark Violet Progress Wheels; wear together, or alternating throughout the day.
Mental Retardation	It is important to establish greater balance, fewer gaps. Treat as you will, according to other needs. (i.e., Give a standard treatment for any other conditions.) Then, end with an extended period of time with the Wand. This removes the gaps and strengthens the connection.
Migraine Headache	Place an amplifier at the base of the neck. If the person is sitting, place the base of the amplifier against the neck; if the person is lying down, set the amplifier beside the neck or place the slanted side of the amplifier under the neck—at the

	<p>base of the neck—if that is comfortable.</p> <p>Next, select a pyramid [any BioGenesis Pyramid] and make circular motions above the head. Next, with the pyramid make back-and-forth motions from the forehead to the base of the neck where the amplifier is positioned. These steps may be repeated until the discomfort has been eliminated. It will be good to have the individual rest for 5 or 10 minutes after receiving this treatment, or for a longer period of time if desired.</p>
Moles	BioTranslator. Hold the base of the Translator over the mole. Direct the Flame at the Translator.
Multiple Sclerosis	Flame of Genesis
Obsessive-Compulsive Disorder	Hold the Wand for short periods of time throughout the day.
Paralysis—resulting from Polio	Red Transformation Ring and Flame of Genesis
Paralysis—resulting from trauma	Flame of Genesis and BioOscillator
Phantom Pain	Use the Flame and the Shield on the area of discomfort.
Pneumonia	The Wand of Genesis will be very helpful in addressing this disease. However, you should still conduct a full session when pneumonia is found.
Pregnancy / childbirth	Sleep with a pyramid. Upon rising in the morning, brush around your body with the wand. This will nourish the unborn child. Choose a Progress Wheel to wear daily (any color, except Sunrise Energy).
Rashes	Dark Blue Progress and Clear Progress should be used in a session, and worn if desired.
Schizophrenia	Aqua Blue Transformation and Green Regeneration. Use every morning and evening. Place the Aqua Blue Transformation wheel on the person’s forehead. The session should last 10 to 15 minutes. Wear the Green Regeneration wheel for at least a half hour each day. Sleep in the presence of a pyramid. Trace up and down the spine in circular motions with the Flame of Genesis. Increase vitamin intake and decrease consumption of congestive foods.
Shingles	Use the BioAmplifier in a circular direction over the affected area. Hold the First Rays Progress wheel on the area of discomfort.
Snoring	Clear Wheel, BioAmplifier and Flame; hold each beside the ear. Hold the base of the Amplifier just beside the ear.
Stress & Anxiety	“Hold the Wand for a few minutes several times a day and in the evening before bed.”
Stroke	Use the multi-colored pyramid; have the pyramid in the person’s room.

Teeth	Clear Progress wheel and the Flame of Genesis. The Clear Progress wheel may be worn or placed directly on the area.
Tinnitus	Use the BioAmplifier over the ears. Wear the Light Violet wheel. When treating with BioAmplifier, also use the Light Violet wheel.
Tumors	Wings of Genesis. Drink the Wings water daily. Treat the area affected with the Flame and with the BioOscillator. Use daily sessions.
Varicose veins	Place Sunrise Energy Progress at the base of the spine. Place First Rays (Progress and/or Regeneration) on the location. Use the BioAmplifier together with this session, holding the Amplifier above the location of the vein, with the base of the Amplifier facing the vein. Wear a First Rays Wheel.
Virus	Flame of Genesis. Also, First Rays Progress may be used.
Vision (general improvement, including reversal of macular degeneration)	BioTranslator. Hold the base very near to the eyes. Do this while resting with eyes closed. After some time you will experience a tingling, a vitalizing energy behind the eyes. Then remove the Translator. This is a short session (probably only a few minutes per eye). You may do this session once or twice daily, not more.
Weight—when someone is overweight, but not because he or she eats too much	BioOscillator (the weight problem may be caused by toxins within the body)
Wrinkles	“Aqua Blue Wheels. Gently place on the area to be made more smooth.” [Note: You may use any spin direction of the Aqua Blue Wheels: Progress, Transformation or Regeneration. Remember to follow time limits & spin compatibility guidelines.]

## 6 Steps in a BioGenesis Session

### **Step #1: Set Intent with the BioTranslator (use with the BioAmplifier)**

This is always the first step in any session. The person giving the session and the person receiving the session should join together in their desire for the session. This will not only amplify the effects of the session, but it will also help to create the blueprint for your session, guiding the Tools and the Wheels in their functioning.

### **Step #2: Place the Wheel of Hope on the person's chest**

Try to position the Wheel of Hope at the center of the person's chest, over the heart. Let the person rest with the Wheel of Hope on the chest for a minute or so (longer if desired).

### **Step #3: Place a Clear Wheel in the Person's hand**

If you are using Progress & Regeneration Wheels in the session, place the Clear Progress Wheel in the person's hand. If you are using Transformation & Regeneration Wheels, place the Clear Transformation Wheel in the person's hand.

Let the person rest quietly for one minute while holding the Clear Wheel. It is during this time that the Light begins to shine into the person for the session.

### **Step #4: Place Wheels on the body**

If you are using Progress & Regeneration Wheels in the session, you may place the Progress & Regeneration Wheels on the body at the same time.

If you are using Transformation & Regeneration Wheels in the session, begin by placing only the Transformation Wheels on the body. After 10 minutes or less, remove all Transformation Wheels, including the Clear Transformation Wheel in the person's hand. After removing the Transformation Wheels, place the Regeneration Wheels on the body.

### **Step #5: Begin using the BioGenesis Tools**

#### **BioOscillator**

- Point the top of the BioOscillator at the person and give the command: *"Perfection is the natural state! Light is triumphant!"*
- Move the BioOscillator over the whole body, focusing on any specific area you think needs extra attention.

#### **BioAmplifier**

- Hold the base of the BioAmplifier about 3 – 6 inches above the

person's body; move it in a circular motion, a side-to-side motion, or any motion you desire.

### **Flame**

- Point the Flame at the person and move it around the body; use any motion you desire, such as a circular motion or a side-to-side motion.
- While you may use the Flame over the whole body, you may want to focus the Flame on a specific area, such as an area of the body that has suffered a physical trauma (e.g., a cut or a broken bone).
- Also, be sure to direct the Flame at any Wheel that is on the body; this will accelerate the influence of that Wheel on the person.

### **Wand**

- Brush with the Wand around the person's body for a short period of time.
- Remove the Wheels from the body (except the Wheel of Hope).
- Continue to brush with the Wand around the body for another period of time (you may do this for a short period of time, or you may choose to do this for a longer duration of time).
- Let the person hold the Wand in both hands for some time (at this time, you may remove the Wheel of Hope).

This will complete a BioGenesis session.

## 7 Ascended Master Lantos Dialogues

*Ascended Master Lantos*

*10 May 2003*

***Spring in the Garden of Creation***

“Good Morning, Dear Ones,

“Let us enjoy the beauty and splendor of our surroundings. As the energies and guiding forces of Earth shift, so too will shift the expressions of manifestation upon this Earth. Change and evolution will come to the small, small animals, as well as to the large, large trees. Weather will be altered. We will see these changes coming on all levels of creation. Winter passes as spring emerges. We are blessed with the first buds of spring in the Garden of Creation.

“As the forces of balance and harmony rise up to the surface, the elements of negativity and destruction will naturally subside. We will notice both of these things happening; it is a natural process. We will witness the emergence of greater blessings and support, while at the same time we will face the passing clouds of destruction as they are removed from this Earth’s domain—such a time of transformation, such days of change.

“You are the Pioneers of this change. It is a great blessing. We wish to express to you our deepest levels of gratitude for your work and acts of service. Blessings.”

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*Ascended Master Lantos*

*26 May 2003*

***Rainbows of Light***

Lantos: “Greetings, Children of Light,

“It is a great joy to see expressed in each of you a sincere commitment to gaining knowledge and deepening experience. It is such a beautiful process. As you grow in the knowledge of the Light of Genesis, that self-radiant, all-sustaining Light of Creation grows in you. Let us give thanks and praise for this blessed path of Knowledge, which is open to us.

“Some of you have asked, ‘How often should I use these Tools of Genesis, these Tools of Light?’ Just as a light rain shower is enough to nurture the environment, so also is the profound capacity for transformation found in only a few minutes of time spent daily

with the blessed Tools of Genesis. Let us open our awareness to the Blessed Experience of the Pure Light of Creation, the radiant Light of Genesis.

“Thank you, dear ones. Your attention and your experiences carry great blessings throughout the Creation, for the joy of Creation. Blessings travel as if on Rainbows of Light, spreading to the far reaches of all levels of Creation. It is a great joy. It is a great responsibility.”

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*Master Lantos*  
*Summer, 1998*  
***Dinosaurs***

Cindy: “Andi [Cindy’s child] wants to know about the dinosaurs and if it is possible to see living dinosaurs in our time.”

Lantos: “The energies which gave support and existence to the dinosaurs are asleep right now. But, in your life you will learn how to visit time periods that sleep. You may just as easily visit the land of the dinosaurs as you may visit Tania [a family friend] in Germany.

“All time periods exist. The impact of actions performed in previous or subsequent time periods exists in this present moment. Records are stored in physical Creation. To purify one’s self is to illuminate the records of self at every moment in time. This brings freedom. We will speak more of these things later.”

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*Ascended MasterLantos*  
*7 March 2000*  
*(Read first on 15 March 2000)*  
***Training Seminar Convocation Address***

Lantos: “Greetings blessed ones. We welcome you here as you seek to develop an understanding of the Tools brought forth in this Age under the name of BioGenesis.

“Blessed Carriers of the Light, you have responded to our call to duty. Arise! Come forward! Spread the Light of Peace, the Light of Health, the Light of Knowledge to one another.

“This is the Age of Light. The great Millennium of Light. We are structuring Great Capitals of Light.

“You are here to receive a deeper understanding of this Technology of Light. Let us begin this course with an intent. For those of you with Translators, you will surely know the speed of return of a desire expressed to a Translator.

“Our intent is for each and every one participating on this course, for the families of the participants, for the directors and designers of this course, for each and every one of you our intent is Illumination. May the Rays of Truth illumine your minds; may the Rays of Purity illumine your heart; may the Rays of Fulfillment illumine your soul. May the path you walk be accompanied by the Blessed Celestial Hosts of Light.

“This is our call. This is our intent. Let it be so!

“Now Blessed ones, before you begin delving deeply into the knowledge of BioGenesis, I would like to share with you the profound level of appreciation that is held for you and your pursuit of this activity by the Great Beings of Light and the Ascended Hosts.

“During an Assembly at the start of this year, I presented to the Great Beings of Light the information that courses were to be held this year to train people in the knowledge and practice of the Tools of BioGenesis. The response of appreciation, for you and your choice of this activity to learn and spread the use of these Tools of BioGenesis, was overwhelming.

“There are great expectations placed on the completion of these Training Courses. Your progress will be closely monitored and our guidance and support shall be present.

“Blessings to all. Enjoy these Days of Illumination.”

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*Ascended Master Lantos*

*18 March 2000*

***Training Seminar Commencement Address***

Lantos: “Dear Ones,

“Congratulations and well done. There is great cause for celebration when a gathering of the Light is achieved. A gathering such as yours has not been achieved for many thousands of years. The world rejoices in your accomplishment. The Heavens rejoice in your achievements.

“You depart this assembly Masters of the tools and techniques of BioGenesis. I use the term Master with due consideration: your hearts shine in purity, your minds radiate the fullness of the Light of Truth, and your daily calls for illumination have brought and

structured the brilliance of the self-radiant nature of Illumination into your souls. Light has been spread to your families and to your supporters. And this is before you have left the doors of this Peaceful Retreat. What Light you will spread to the world!

“It is time now for celebration. Thank you, Blessed Ones, for your participation. Well done. It is well done.”

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*Ascended Master Lantos*

*6 July 2001*

***Call for More Experts***

“Let us call for more experts; there is still much need in the world today. We must all participate with this great expansion of Light. The brilliance must spread to all quarters of creation, all corners of the world. For this we need our experts. The Light of Genesis has been embraced in the homes. Now it is time to spread. We need our experts to guide and spread the Light of Genesis, the Technology of BioGenesis to many areas of society.

“Thank you, dear ones, for your participation. Many blessings to all.”

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*Ascended Master Lantos*

*3 September 1999*

***City of Light***

Cindy: “What is the purpose of the City of Light?”

Lantos: “The Earth is undergoing a process of great transformation. Through the service of the blessed hands of the Light, we find an awakening of the Light of Peace, the Light of Truth, the Light of Creation within the heart structure of many thousands of individuals around the World. It is time now for these numbers to multiply. Let the Light of Creation shine brightly within the heart of every member of this blessed planet, and from this World let the brilliant rays of Peace shine forth to illumine the farthest reaches of Creation. This is our hope for humanity. This is the grand destiny of Earth and her people. Let Earth enter this new era in which she shall be widely known as the Great City of Light.”